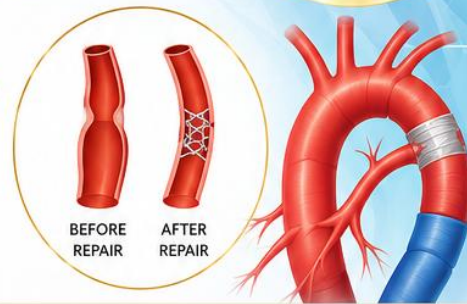


LONG-TERM FOLLOW-UP OF COARCTATION OF THE AORTA REPAIR

LIFELONG CARE FOR A HEALTHY FUTURE

Repair of coarctation of the aorta is often highly successful, but lifelong follow-up is essential to monitor for potential late complications and ensure optimal heart health.



WHY LONG-TERM FOLLOW-UP MATTERS



Monitor for reoarctation or residual narrowing

Detect early narrowing or restenosis



Manage high blood pressure

Control blood pressure to protect organs



Detect aortic aneurysm or dissection

Identify aortic changes early



Evaluate bicuspid aortic valve function

Monitor valve performance



Assess heart function and exercise capacity

Ensure safe activity and strong heart health



Reduce risk of stroke and other complications

Protect brain and overall health



Ensure safe pregnancy planning

Plan for a healthy pregnancy

FOLLOW-UP INCLUDES



Regular clinical evaluations

Ongoing health assessment



Blood pressure monitoring

Track and manage BP



Echocardiography

Heart structure and function



MRI or CT imaging of the aorta

Detailed aortic assessment



Exercise assessment

Evaluate exercise tolerance



Evaluation for associated conditions

Comprehensive cardiac care

RECOMMENDED TESTING



Echocardiogram
Every 1–2 years

Ultrasound of
heart function



Cardiac MRI or CT
Every 3–5 years

Detailed imaging
of the aorta



Blood Pressure Check
At every visit

Monitor and manage
blood pressure



Exercise Testing
As recommended

Evaluate heart response
to activity



EXPERT CARE

Specialized in pediatric and congenital heart conditions



COMPASSIONATE APPROACH

Putting children and families first



ADVANCED TECHNOLOGY

Accurate diagnosis and effective treatment



COMMITTED TO THE FUTURE

Helping children grow strong with healthy hearts



With lifelong follow-up and healthy lifestyle choices, most patients with repaired coarctation of the aorta can enjoy a full, active, and healthy life.



Lifelong care.
Strong hearts.
Brighter futures.



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